

RISKS AND COMPLICATIONS OF SURGERY

MODIFIED PALATOPLASTY: As you know this procedure is designed to lessen snoring and relieve sleep apnea symptoms.

The following are the possible complications and risks associated with these procedures. In addition to those listed, there may be some unforeseen complications with any operative procedure.

Postoperative Bleeding and Pain: The latter of which is often times severe and may radiate to the ear.

Nasopharyngeal Insufficiency: This is a tendency to have liquids, and at times food come up towards the nose or even through the nose. Many times this is inapparent or early postoperatively and worse when bending forward to drink from a water fountain. This is generally self-limited.

Failure to Improve Sleep Apnea or Fully Resolve Snoring: At times enough modification has been accomplished to bring both snoring and sleep apnea to acceptable levels. If not, other options may exist or further modification of the palate may be contemplated.

Foreign Body Sensation: This will happen while swallowing. This has to do with healing and generally acclimates and disappears within 3-6 weeks. It can however remain longer, but rarely impedes swallowing function.

Hydration: This occurs from not drinking enough and can lead to other complications including bleeding. Generally adults need at least 2 quarts of fluid every 24 hours. This is a minimum and must be met to maintain good fluid balances and hence reduce complications and speed healing.

I have read, understand, and considered the risks and complications of this surgery and accept them.

Signed _____

Date _____

Witness _____