

NASAL CAUTERY INSTRUCTIONS

1. Avoid nose blowing for 7 days. If Gelfoam packing is in place, gently soak with nasal saline spray after 24 hours have passed and gently expel the pack. If the pack becomes dislodged before that then omit this step.
2. Begin Bactroban ointment by placing a pea-size glob on the nasal septum of the involved side and massaging the outside of the nose for 1 minute to melt the ointment into the nose and coat the cauterized area. Do this twice a day for 7 days.
3. Keep the nose moist otherwise by using nasal saline spray, i.e. Simply Saline at least 3-4 times daily for 7-10 days to provide a humid, moist environment to facilitate the healing of the cauterized site.
4. Take antibiotics if provided as per the prescription direction. It is not unusual to see small amounts of spotty bleeding while the cauterized area heals. Aggressive bleeding would require followup.